

Mahfoudh Abidi

Physical Education Teacher



About me

Highly energetic and dedicated Physical Education Teacher with 4 years of career experience. Adept in behavioral modification, motivational techniques, and cooperative learning. Possesses excellent communication skills and strong work ethic, putting educational lessons into practice and maintaining exemplary physical fitness.

Education



Sciences and techniques of physical and sports activities / High Institute of Sport and Physical Education of el kef
El Kef, Tunisia

Work experience



Physical Education Teacher / [Regueb Private School](#)
Regueb

- Taught students with various learning needs and helped them achieve their greatest potential.
- Promoted student engagement and group learning.
- Served as student advisor, offering academic, social, and emotional support.



Taekwondo Instructor / [Black belt club regueb](#) Er Regueb,
Tunisia

- Participated in training programs and instructor workshops.
- Worked with kids ,adolescent, adult, and senior Taekwondo athletes.
- Taught thoughtful and carefully planned classes with the goal of having students feel refreshed and renewed.



Events organizer / [online world taekwondo association](#)
Online

- Worked with participants tirelessly to ensure they felt fully supported and at ease during the time before their competition



fitness trainer / [Women's Sports Association](#) Er Regueb,
Tunisia

- Planned and guided daily workout routines to support optimal health and fitness.
- Designed thoughtful and carefully planned classes to address the fitness levels and skills of athletes .
- we got the National Tunisian cup

✉ kr.mahfoudh@gmail.com

🏠 fujairah

📅 26 years old

🇹🇳 Tunisian

📄 yes

🚗 Personal vehicle

📍 fujairah

📞 +971552245992

👤 Single

Skills

Physical Fitness

Communication Skills

Computer Skills

Leadership

Confidence building

Team Work

Languages

Arabic

English

French

Spanish