



Aisha Ambreen

Science Teacher / Coordinator

Profile Summary

A seasoned and well-qualified Physiotherapist who is now looking to develop a solid career within the teaching field, as strong skills and experience in planning tasks and training staff are easily transferable in this area. Maintains an excellent understanding of educational techniques, school administration, course planning, and lecture delivery.

Qualifications include a **Bachelor of Education degree** with sound teaching and classroom engagement skills. Professional traits include; time management, problem-solving, decision-making, and communication.

Professional Work Activities

Due to my B. ED studies and exposure to different scenarios is able to undertake the following activities:

- Prepare materials and classrooms for class activities.
- Instruct through lectures, discussions, and demonstrations in one or more subjects, such as Science, English, or Mathematics.
- Establish clear objectives for all lessons, units, and projects and communicate those objectives to students.
- Establish and enforce rules for behavior and procedures for maintaining order among students.
- Adopt teaching methods and instructional materials to meet students' varying needs and interests.
- Evaluate and grade students' class work, assignments, and papers.
- Maintain student attendance and other required records.

Work Experience

Alamgir Health Care Centre, Pakistan

Senior Physiotherapist

Key Contributions & Achievements:

2008 – Current

- Commenced as a Physiotherapist and promoted to this role in 2014.
- Treated patients with musculoskeletal and neurological disorders.
- Worked with patients with a variety of conditions, sometimes over a period of weeks or months.
- Successfully trained new physiotherapist in the field.
- Encouraged exercise and movement to patients.



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Skills

- Teaching
- Delivery
- Classroom Management
- Lesson Planning
- Planning & Implementation
- Active Listening
- Tolerance
- Strategy development
- Adaptability
- Presentation Skills
- Project Management
- Leadership Skills
- MS Office Suite
- Communication

Patel Hospital, Pakistan

Physiotherapist

Key Contributions & Achievements:

2007 – 2008

- Effectively diagnosed, assessed, and treated problems.
- Advised patients on leading a healthy lifestyle.
- Liaised with other healthcare professionals to encourage a holistic approach to treatment.
- Formulated treatment plans to address the conditions and needs of patients.
- Stayed up to date with the latest developments in treatments and showed caring and compassion to the patients.

Aga Khan University Hospital, Pakistan Trainee Physiotherapist

Key Contributions & Achievements:

2006 – 2007

- Educated patients, family members, and the community on how to prevent injuries and live a healthy lifestyle.
- Planned and organized physiotherapy and fitness programs.
- Conducted complex mobilization techniques and assisted trauma patients with how to walk again.
- Referred patients to doctors and other medical practitioners.
- Ensured full compliance with relevant standards.

Liaquat National School of Physiotherapy Trainee Physiotherapist

Key Contributions & Achievements:

2005 – 2006

- Helped various patients recover from accidents, illness, or injury.
- Organized therapeutic physical exercise sessions.
- Provided massages and used specialist techniques.
- Effectively liaise with professionals such as doctors and nurses.
- Provided education and advice about exercise and movement.

Education

- Accelerated Doctor of Physiotherapy - **Ziauddin College of Rehabilitation Sciences** 2021
- B. Ed (Honors) – **University of Karachi, Pakistan** 2020
- BS in Physical Therapy – **Liaquat National School of Physiotherapy, Pakistan** 2006

Training & Professional Development

- Cardio Pulmonary Resuscitation Course
- Operation Theater Assessment with Dr. Shahid Noor
- Training for Post Ambulatory Bandaging

